



**RUBY SWEETENED DRIED CRANBERRIES**

UPC # 98013

NUTRITIONAL ANALYSIS (per 100 grams – unrounded) August 2017

Calories	342
Calories from Fat	4.5
Total Carbohydrates	84.15 g
Sugars	67.0 g
Added Sugar	60.9 g
Dietary Fiber	5.0 g
Protein	0.3 g
Total Fat	0.5 g
Trans Fat	0 g
Cholesterol	0 mg
Moisture	15.0 g
Ash	0.05 g
Vitamin A	< 100 IU
Vitamin C	1.0 mg
Vitamin D	0 mcg
Calcium	3.8 mg
Iron	0.0 mg
Copper	0.0 mg
Magnesium	1.8 mg
Niacin	0.0 mg
Phosphorus	0.0 mg
Potassium	11 mg
Riboflavin	0.13 mg
Sodium	2.0 mg
Thiamin	0.010 mg
Zinc	0.0 mg

This analysis represents an average sampling.

Ocean Spray Cranberries Ingredient Technology Group  
 One Ocean Spray Drive, Lakeville/Middleboro, MA 02349 508-946-1000